

### 3<sup>rd</sup> Nephi 18

<sup>1</sup>And it came to pass that Jesus commanded his disciples that they should bring forth some bread & wine unto him  
<sup>2</sup>& while they were gone for bread & wine he commanded the multitude that they should sit themselves down upon the earth  
<sup>3</sup>& when the disciples had come with bread & wine he took of the bread & brake & blessed it & he gave unto the disciples & commanded that they should eat  
<sup>4</sup>& when they had eat & were filled he commanded that they should give unto the multitude  
<sup>5</sup>& when the multitude had eaten & were filled he saith unto the disciples Behold there shall one be ordained among you & to him will I give power that he shall brake bread & bless it & give it unto the people of my church unto all they which shall believe & be baptized in my name  
<sup>6</sup>& this shall ye always observe to do even as I have done even as I have broken bread & blessed it & gave it unto you  
<sup>7</sup>& this shall ye do in remembrance of my body which I have shewn unto you & it shall be a testimony unto the Father that ye do always remember me & if ye do always remember me ye shall have my spirit to be with you

<sup>8</sup>And it came to pass that when he had said these words he commanded his disciples that they should take of the wine of the cup & drink of it & that they should also give unto the multitude that they might drink of it  
<sup>9</sup>And it came to pass that they did so & did drink of it & were filled & they gave unto the multitude & they did drink & they were filled  
<sup>10</sup>& when the disciples had done this Jesus saith unto them Blessed are ye for this thing which ye have done for this is fulfilling my commandments & this doth witness unto the Father that ye are willing to do that which I have commanded you  
<sup>11</sup>& this shall ye always do unto those who repent & are baptized in my name & ye shall do it in remembrance of my blood which I have shed for you that ye may witness unto the Father that ye do always remember me & if ye do always remember me ye shall have my spirit to be with you

<sup>12</sup>& I give unto you a commandment that ye shall do these things & if ye shall always do these things blessed are ye for ye are built upon my rock

<sup>13</sup>but whoso among you shall do more or less than these  
are not built upon my rock but are built upon a sandy foundation  
& when the rain descends & the floods come  
& the winds blow & beat upon them  
they shall fall  
& the gates of hell is already open to receive them  
<sup>14</sup>therefore blessed are ye if ye shall keep my commandment<sup>s</sup>  
which the Father hath commanded me that I should give unto you  
<sup>15</sup>verily verily I say unto you  
Ye must watch & pray always lest ye be tempted by the devil  
& ye are led ~~aw~~<sup>away</sup>a captive by him  
<sup>16</sup>& as I have prayed among you  
even so shall ye pray in my church  
among <sup>my</sup>my people which do repent & are baptized in my name  
behold I am the light  
I have set an example [be]for[e] you

<sup>17</sup>And it came to pass that when Jesus had spake these words unto his desipels  
he turned again unto the multitude & s<sup>saith</sup>aieth<sup>unto</sup> them  
<sup>18</sup>Behold verily verily I say unto you  
ye must watch & pray always lest ye enter into temptation  
for satan desireth to have you  
that he may sift you as wheat  
<sup>19</sup>therefore ye must always pray unto the Father in my name  
<sup>20</sup>& whatsoever ye shall ask the Father in my name which is right  
believing that ye shall receive  
& behold it shall be given unto you  
<sup>21</sup>pray in your families unto the Father always in my name  
that your wives & your children my be blessed

<sup>22</sup>& behold ye shall meet together oft  
& ye shall not forbid any man from coming unto you  
when ye shall meet together  
but suffer them that they may come unto you & forbid them not  
<sup>23</sup>but ye shall pray for them & shall not cast them out  
& if it so be that they come unto you oft  
ye shall pray for them unto the Father in my name

<sup>24</sup>therefore hold up your light  
that it may shine unto the world  
behold I am the light which ye shall hold up  
that which ye have seen me do  
behold ye h<sup>see</sup>ave-s<sup>that</sup>een I have prayed unto the Father  
& ye all have witnessed

<sup>25</sup> & ye see that I have commanded that none of you should go away  
but rather have commanded that ye should come unto me  
that ye might feel & see  
even so shall ye do unto the world  
& whosoever breaketh this commandment  
suffereth himself to be lead into temptation

<sup>26</sup> And now it came to pass that when Jesus had spoken these words  
he turned his eyes again upon the desipels whom he had chosen  
& saith unto them

<sup>27</sup> Behold verily verily I say unto you  
I give unto you another commandment  
& then I must go unto my Father  
that I ~~must~~<sup>may</sup> fulfil other commandments which he hath given me

<sup>28</sup> & now behold this is the commandment which I give unto you  
that ye shall not suffer any one knowingly  
to partake of my flesh & blood unworthily when ye shall minister it

<sup>29</sup> for whoso eateth & drinketh my flesh & blood unworthily  
eateth & drinketh damnation to his Soul  
therefore if ye know that a man is unworthy  
to eat & drink of my flesh & blood  
ye shall forbid him

<sup>30</sup> nevertheless ye shall not cast him out from among you  
but ye shall minister unto him  
& shall pray for him unto the Father in my name  
& if it so be that he repenteth & is baptized in my name  
then shall ye receive him  
& shall minister unto him of my flesh & blood

<sup>31</sup> but if he repenteth not  
he shall not be numbered among my people  
that he may not destroy my people  
for behold I know my sheep & they are numbered

<sup>32</sup> nevertheless ye shall not cast him out of your synagogues  
or your places of worship  
for unto such ye shall continue to minister  
for ye know not but what they will ~~repent~~<sup>return</sup> & ~~return~~ **repent**  
& ~~come~~<sup>return</sup> unto me will full purpose of heart  
& I shall heal them  
& ye shall be the means of bringing salvation unto them

<sup>33</sup> therefore keep these sayings which I have commanded you  
that ye come not under condemnation  
for wo unto him whom the Father condemneth

<sup>34</sup> & I give you these commandments  
because of the disputations which hath been among you before time[s]  
& blessed are ye if ye have no disputations among you

<sup>35</sup> & now I go unto the Father  
because it is expedient that I should go unto the Father for your sakes

<sup>36</sup>And it came to pass that when Jesus had made an end of these sayings  
he touched with his hand the desipels whom he had chosen one by one  
even until he had touched them all  
& spake unto them as he touched them

<sup>37</sup>& the multitude heard not the words which he spake  
therefore they did not bear record  
but the desipels bear record  
that he gave them power to give the Holy Ghost  
& I will shew unto you hereafter that this record is true

<sup>38</sup>And it came to pass that when Jesus had touched them all  
there came a cloud & overshadowed the multitude  
that they could not see Jesus

<sup>39</sup>& while they were overshadowed  
he departed from them & ascended into Heaven  
& the desipels saw & did bear record  
that he ascended again into Heaven