

3rd Nephi 18

¹And it came to pass that Jesus commanded his disciples that they should bring forth some bread & wine unto him
²& while they were gone for bread & wine he commanded the multitude that they should sit themselves down upon the earth
³& when the disciples had come with bread & wine he took of the bread & brake & blessed it & he gave unto the disciples & commanded that they should eat
⁴& when they had eat & were filled he commanded that they should give unto the multitude
⁵& when the multitude had eaten & were filled he saith unto the disciples Behold there shall one be ordained among you & to him will I give power that he shall brake bread & bless it & give it unto the people of my church unto all they which shall believe & be baptized in my name
⁶& this shall ye always observe to do even as I have done even as I have broken bread & blessed it & gave it unto you
⁷& this shall ye do in remembrance of my body which I have shewn unto you & it shall be a testimony unto the Father that ye do always remember me & if ye do always remember me ye shall have my spirit to be with you

⁸And it came to pass that when he had said these words he commanded his disciples that they should take of the wine of the cup & drink of it & that they should also give unto the multitude that they might drink of it
⁹And it came to pass that they did so & did drink of it & were filled & they gave unto the multitude & they did drink & they were filled
¹⁰& when the disciples had done this Jesus saith unto them Blessed are ye for this thing which ye have done for this is fulfilling my commandments & this doth witness unto the Father that ye are willing to do that which I have commanded you
¹¹& this shall ye always do unto those who repent & are baptized in my name & ye shall do it in remembrance of my blood which I have shed for you that ye may witness unto the Father that ye do always remember me & if ye do always remember me ye shall have my spirit to be with you

¹²& I give unto you a commandment that ye shall do these things & if ye shall always do these things blessed are ye for ye are built upon my rock

¹³but whoso among you shall do more or less than these
are not built upon my rock but are built upon a sandy foundation
& when the rain descends & the floods come
& the winds blow & beat upon them
they shall fall
& the gates of hell is already open to receive them
¹⁴therefore blessed are ye if ye shall keep my commandment^s
which the Father hath commanded me that I should give unto you
¹⁵verily verily I say unto you
Ye must watch & pray always lest ye be tempted by the devil
& ye are led ~~aw~~^{away}a captive by him
¹⁶& as I have prayed among you
even so shall ye pray in my church
among ^{my}my people which do repent & are baptized in my name
behold I am the light
I have set an example [be]for[e] you

¹⁷And it came to pass that when Jesus had spake these words unto his desipels
he turned again unto the multitude & s^{saith}aieth^{unto} them
¹⁸Behold verily verily I say unto you
ye must watch & pray always lest ye enter into temptation
for satan desireth to have you
that he may sift you as wheat
¹⁹therefore ye must always pray unto the Father in my name
²⁰& whatsoever ye shall ask the Father in my name which is right
believing that ye shall receive
& behold it shall be given unto you
²¹pray in your families unto the Father always in my name
that your wives & your children my be blessed

²²& behold ye shall meet together oft
& ye shall not forbid any man from coming unto you
when ye shall meet together
but suffer them that they may come unto you & forbid them not
²³but ye shall pray for them & shall not cast them out
& if it so be that they come unto you oft
ye shall pray for them unto the Father in my name

²⁴therefore hold up your light
that it may shine unto the world
behold I am the light which ye shall hold up
that which ye have seen me do
behold ye h^{see}ave-s^{that}een I have prayed unto the Father
& ye all have witnessed

²⁵& ye see that I have commanded that none of you should go away
but rather have commanded that ye should come unto me
that ye might feel & see
even so shall ye do unto the world
& whosoever breaketh this commandment
suffereth himself to be lead into temptation

²⁶And now it came to pass that when Jesus had spoken these words
he turned his eyes again upon the desipels whom he had chosen
& saith unto them

²⁷Behold verily verily I say unto you
I give unto you another commandment
& then I must go unto my Father
that I ~~may~~^{must} fulfil other commandments which he hath given me

²⁸& now behold this is the commandment which I give unto you
that ye shall not suffer any one knowingly
to partake of my flesh & blood unworthily when ye shall minister it

²⁹for whoso eateth & drinketh my flesh & blood unworthily
eateth & drinketh damnation to his Soul
therefore if ye know that a man is unworthy
to eat & drink of my flesh & blood
ye shall forbid him

³⁰nevertheless ye shall not cast him out from among you
but ye shall minister unto him
& shall pray for him unto the Father in my name
& if it so be that he repenteth & is baptized in my name
then shall ye receive him
& shall minister unto him of my flesh & blood

³¹but if he repenteth not
he shall not be numbered among my people
that he may not destroy my people
for behold I know my sheep & they are numbered

³²nevertheless ye shall not cast him out of your synagogues
or your places of worship

for unto such ye shall continue to minister
for ye know not but what they will ~~repent~~^{return} & ~~return~~ **repent**
& ~~come~~^{return} unto me will full purpose of heart
& I shall heal them
& ye shall be the means of bringing salvation unto them

³³therefore keep these sayings which I have commanded you
that ye come not under condemnation
for wo unto him whom the Father condemneth

³⁴& I give you these commandments
because of the disputations which hath been among you before time[s]
& blessed are ye if ye have no disputations among you

³⁵& now I go unto the Father
because it is expedient that I should go unto the Father for your sakes

³⁶And it came to pass that when Jesus had made an end of these sayings
he touched with his hand the desipels whom he had chosen one by one
even until he had touched them all
& spake unto them as he touched them

³⁷& the multitude heard not the words which he spake
therefore they did not bear record
but the desipels bear record
that he gave them power to give the Holy Ghost
& I will shew unto you hereafter that this record is true

³⁸And it came to pass that when Jesus had touched them all
there came a cloud & overshadowed the multitude
that they could not see Jesus

³⁹& while they were overshadowed
he departed from them & ascended into Heaven
& the desipels saw & did bear record
that he ascended again into Heaven