

### 3<sup>rd</sup> Nephi 13

<sup>1</sup>verily verily I say that I would that ye should do alms unto the poor  
but take heed that ye do not your alms before men to be seen of them  
otherwise ye have no reward of your Father which is in heaven

<sup>2</sup>therefore when ye shall do your alms  
do not sound a trumpet before you  
as will hypocrites do in the Synagogues & in the streets  
that they <sup>may</sup> have glory of men  
verily I say unto you  
they have their reward

<sup>3</sup>but when thou doest alms  
let not thy left hand know what thy right hand doeth

<sup>4</sup>that thine alms may be in secret  
& thy Father which see the in secret himself shall reward thee openly

<sup>5</sup>& when thou prayest thou shalt not do as the hypocrites  
for they love to pray standing in the Synagogues & in the corners of the streets  
that they may be seen of men

Verily I say unto you  
they have their reward

<sup>6</sup>But thou, when thou prayest, enter into thy closet  
& when thou hast shut thy door  
pray to thy Father which is in secret  
& thy Father which seeth in secret shall reward thee openly

<sup>7</sup>But when ye pray use not vain repetitions as thee heathen  
for they think that they shall be heard for their much speaking

<sup>8</sup>Be not ye therefore like unto them  
for your Father knoweth what things ye have need of before ye ask him

<sup>9</sup>After this manner therefore pray ye  
Our Father which art in Heaven  
hallowed be thy name

<sup>10</sup>thy will be done **in** earth as it is in Heaven

<sup>11</sup>& forgive us our debts as we forgive our debtors

<sup>12</sup>& lead us not into temptation but deliver us from evil

<sup>13</sup>for thine is the Kingdom & the power & the glory forever  
Amen.

<sup>14</sup>For if ye forgive men their ~~tre~~<sup>trespasses</sup> ~~ssp~~  
your Heavenly Father will also forgive you

<sup>15</sup>but if ye forgive not men their trespasses  
neither will your Father forgive your trespasses

<sup>16</sup>Moreover when ye fast  
be not as the hypocrites of a sad countenance  
for they disfigure their faces that they may appear unto men to fast  
Verily I say unto you  
they have their reward

<sup>17</sup>But thou ~~wh~~<sup>when</sup>e thou fasteth  
anoint thy head & wash thy face  
<sup>18</sup>that thou appear not unto <sup>men</sup> to fast  
but unto thy Father which is in secret  
& thy Father which seeth in secret shall reward thee openly

<sup>19</sup>Lay not up for yourselves treasures upon earth  
where moth & rust doth corrupt  
& thieves break through & steal  
<sup>20</sup>but lay up for yourselves treasures in Heaven  
where neither moth nor rust doth corrupt  
& where thieves do not break through nor steal  
<sup>21</sup>for where your treasure is there will your heart be also

<sup>22</sup>The light of the body is the eye  
if therefore thine eye be single  
thy whole body shall be full of light  
<sup>23</sup>but if thine eye be evil  
thy whole body shall be full of darkness  
if therefore the light that is in thee be darkness  
how great is that darkness

<sup>24</sup>No man can serve two masters  
for either he will hate the one & love the other  
or else he will hold to the one & dispise the other  
ye cannot serve God & Mammon. —

Chapter —

<sup>25</sup>And now it came to pass that when Jesus had spoken these words  
he looked upon the twelve whom he had chosen & saith unto them  
Remember the words which I have spoken  
for behold ye are they which I have chosen to minister unto this people  
therefore I say unto you  
take no thought for your life  
what ye shall eat or what ye shall drink  
nor yet for your ~~you~~ body what ye shall put on  
is not the life more than meat & the body than rament

<sup>26</sup>behold the fowls of the air for they sow not  
neither do they ~~r~~<sup>reap</sup>~~eat~~ nor gather into barns  
yet your Heavenly Father feedeth them  
are ye not much better than they  
<sup>27</sup>which of you by taking thought can add one cubit unto his stature  
<sup>28</sup>& why take ye thought for rament  
consider the lilies of the field how they grow  
they toil not neither do they spin  
<sup>29</sup>& yet I say unto you  
that even Solomon in all his glory was not arrayed like one of these

<sup>30</sup> therefore <sup>wherefore</sup> if God so clothe the grass of the field  
which to day is & to morrow is cast into the oven  
even so will he clothe you if ye are not of little faith

<sup>31</sup> therefore take no thought saying  
what shall we eat or what shall we drink  
or wherewithal shall we be clothed

<sup>32</sup> for your Heavenly Father knoweth that ye have need of all these things

<sup>33</sup> but seek ye first the Kingdom of Heav<sup>God</sup>en & his righteousness  
& all these things shall be added unto you

<sup>34</sup> take therefore no thought for the morrow  
for the morrow shall take thought for the things of itself  
sufficient is the <sup>day</sup> ~~it~~ unto the evil thereof